



SharRon Jamison

Dare to Soar Higher!®

As an entrepreneur, author, speaker, visionary, and life strategist, SharRon Jamison has been teaching principles of love and self-empowerment for more than 25 years. Her career journey has taken her from owning a fitness studio to managing multi-million-dollar accounts for an international biotechnology firm. She most recently founded The Jamison Group, a personal development company specializing in personal transformation, racial healing, and **spiritual renewal**.

As a life strategist, SharRon uses her creativity and passion to create life-changing experiences for individuals, **couples and/or small groups**. Her programs are designed to help clients shed “societal shoulds,” challenge cultural paradigms, and break glass ceilings so they can be who they were created to be and not settle for what society taught or told them to be.

SharRon is also a highly sought-after inspirational speaker. With her graceful authenticity, humorous wit, and relatable style, SharRon captivates audiences ranging from corporate executives to communities of faith. She provides strategies on how to heal past hurts, overcome self-limiting beliefs, develop emotional resilience, and create social change. Her transformative messages include sessions entitled: “Leadership and You,” “We Really Aren’t That Different,” “Foundation for Elevation,” “The 7 Critical Relationships That Affect Your Destiny,” “Let Your Purpose Pick Your People,” and “Communication that Inspires” along with many more.

SharRon’s popular book, *I Can Depend on Me*, details her upbringing and chronicles her journey from pain to wholeness. She shares how she discovered her purpose, found her path to personal freedom, and radically transformed her life. She offers guidance on how to find fulfillment, challenge the status quo, and experience success in life and relationships.

In her second release, *I Have Learned A Few Things*, SharRon shares insights and revelations learned from witnessing many journeys of healing and growth. She captures the commonalities that exist between all human beings while **inspiring the reader to embrace the uniqueness of their individual journeys, activate their personal power, and passionately pursue their purpose**.

In 2017, SharRon released another Amazon bestselling book, *Deciding to Soar: 180 Lessons to Catapult Your Life*. She is also a contributing author in three anthologies - *I Bared My Chest*, *Open Your G.I.F.T.S*, and *Faith For Fiery Trials*. In addition, her bestselling anthology, *The Strength of My Soul: Stories of Sisterhood, Triumph, and Inspiration*, was awarded the Indie Literary Awards for Best Anthology of the Year, and the book continues to be recognized for its inspirational stories.

Her latest book, *Deciding to Soar 2: Unwrapping Your Purpose* was released in November 2020, and her program *I Dare to Be Me* continues to be a sought-after life-changing experience for women leaders and change agents in the United States and abroad.



SharRon continues to work in the biopharma industry where she works to help under-served communities gain access to innovative treatments for chronic diseases.

She also serves as a minister at the Victory for the World Church in Stone Mountain, Georgia.

SharRon holds a BA in Journalism from Hampton University and an MBA from Nova Southeastern University.

You can learn more about SharRon by visiting her website at [**www.SharRonJamison.com**](http://www.SharRonJamison.com).