



SharRon Jamison

Dare to Soar Higher!®

As an entrepreneur, author, speaker, visionary, and life strategist, SharRon Jamison has been teaching principles of love and self-empowerment for over 35 years. Her career journey has taken her from owning a fitness studio to managing multi-million-dollar accounts for an international biotechnology firm. She most recently founded The Jamison Group, a personal development company specializing in personal transformation, racial healing, and spiritual renewal.

As a life strategist, SharRon uses her creativity and passion to create life-enriching experiences for individuals, **couples, and small groups. Her programs are expertly crafted to help people shed “societal shoulds,” challenge cultural paradigms, and courageously disrupt systemic barriers so people can self-actualize and reach their highest potential in their personal and professional lives. Her mission is to inspire people to SOAR HIGHER than old beliefs, practices, and societal norms, be who they were BORN to be, and not settle for what they were told or taught to be.**

SharRon is also a highly sought-after inspirational speaker. With her graceful authenticity, humorous wit, and relatable style, SharRon captivates audiences from corporate executives to faith communities. She provides strategies for healing old wounds, overcoming self-limiting beliefs, developing emotional resilience, confronting historical barriers, and creating positive social change so all humans can thrive. Her transformative messages include sessions entitled: “Leadership and You,” “We Really Aren’t That Different,” “Foundation for Elevation,” “The 7 Critical Relationships That Affect Your Destiny,” “Let Your Purpose Pick Your People,” “Positive Disruption,” and “Communication that Inspires” along with many more.

SharRon’s popular book, *I Can Depend on Me*, details her upbringing and chronicles her journey from pain to wholeness. She shares how she discovered her purpose, found her path to personal freedom, and radically transformed her life. She offers guidance on finding fulfillment, challenging the status quo, and creating “self-defined” success so people can live meaningful lives of contribution, connection, and purpose.

In her second release, *I Have Learned A Few Things*, SharRon shares insights and revelations from witnessing many healing and growth journeys. She captures the commonalities that exist between all human beings while **inspiring readers to embrace the uniqueness of their individual journeys, activate their personal power, and passionately pursue their purpose.**

In 2017, SharRon released another Amazon bestselling book, *Deciding to Soar: 180 Lessons to Catapult Your Life*. She is also a contributing author in three anthologies - *I Bared My Chest*, *Open Your G.I.F.T.S*, and *Faith For Fiery Trials*. **In addition, her bestselling anthology, *The Strength of My Soul: Stories of Sisterhood, Triumph, and Inspiration*, was awarded the Indie Literary Awards for Best Anthology of the Year and continues to be recognized for its inspirational stories.**

Her latest book, *Deciding To Soar 2: Unwrapping Your Purpose*, was released in November 2020. Since its release, *Deciding To Soar 2* has been a valuable resource for diversity and inclusion initiatives, a foundation for critical religious conversations, and an essential guide for community healing.



Her most requested program, ***I Dare to Be Me***, continues to be a highly sought-after life-changing experience for leaders, visionaries, and change agents in the United States and abroad.

SharRon continues to work in the biopharma industry, where she focuses on removing access barriers to healthcare in under-served and under-represented communities.

She also serves as an associate minister at the Victory for the World Church in Stone Mountain, Georgia.

SharRon holds a BA in Journalism from Hampton University and an MBA from Nova Southeastern University.

You can learn more about SharRon by visiting her website at [**www.SharRonJamison.com**](http://www.SharRonJamison.com).